

Registration fee: £15 before 30th June; £20 thereafter. Cheques made payable to Cornwall Hospice Care (please put your name and address on the back of your cheque). Please do not send cash. For credit/debit card transactions please telephone the Fundraising Office on 01726 66869. Your completed form, together with your entry fee, should be returned to: Fundraising, Cornwall Hospice Care, Mount Edgcombe Hospice, Porthpean Road, St Austell PL26 6AB. If you have any queries please telephone 01726 66869 Email: dreeves@cornwallhospice.co.uk

Data protection: We promise not to disclose your details to anyone else. From time to time, Cornwall Hospice Care would like to send you information about the work of the Hospice and fundraising activities. If you would prefer not to receive correspondence from us, please tick this box .

Conditions of entry:

- You MUST register in advance to take part. To register, each person must complete and sign a registration form. All entries will be processed in the order received. If your entry form is received unsigned it will be returned to you and your place will not be reserved.
- Closing date for entries is 31st August 2010. Entries received after this date will be at the organiser's discretion. Please note: it is not possible to register on the night.
- The registration fee before 30th June 2010 is £15, thereafter, and up to the closing date of 31st August 2010 the fee is £20.
- Places are limited, so if you would like to walk with friends, please secure your places early by sending in all your entries together. We recommend early registration to avoid disappointment.
- The registration fee and sponsorship money is per person and not per team. Your registration fee will secure your place on the walk and help cover the cost of running the event. It is non-refundable unless the walk is full.
- This event is not a race! Walkers are not allowed to run or jog. You must understand that walking along public pavements and roadways at night is potentially hazardous.
- You are not permitted to use any of the sponsorship money you raise to pay for your own expenses. All sponsorship monies given to you, including your sponsorship form must be passed directly to Cornwall Hospice Care on the night of the Walk or by 30th October at the latest.
- The minimum age for the walk is 14 years of age. There is no upper age limit. Walkers aged under 18 must have their registration form signed by a parent or guardian and be accompanied by an adult for the duration of the walk.
- If you are unable to take part, please let us know as soon as possible on 01726 66869. Your place is non-transferable and it is important that you return any sponsorship funds and your form to the fundraising department, even if it has no entries.
- By registering for the Moonlight Stroll/Midnight Walk you agree to your name and any photographs that might be taken of you to be used for promotional purposes by Cornwall Hospice Care.
- Disabled entrants are welcome to take part although, due to the nature of the event, we ask you to contact us before filling in this form as some people with disabilities may find this event difficult. If a disabled person requires assistance from someone else this person must also enter the Midnight Walk but will not have to pay any registration fee.
- Only guide dogs are accepted – no other pets or animals are permitted at the event or on the event route.
- No alcohol is to be brought into, or consumed prior to or during the event.
- By registering for the Moonlight Stroll/Midnight Walk you confirm that you are in a state of reasonable health and fitness.
- The walk relies on fundraising and sponsorship to be successful. Each entrant is asked to raise funds for Cornwall Hospice Care. Although there is no minimum sponsorship we do ask that you raise as much as you can to help support the work of Cornwall Hospice Care.

Please return your completed entry form with your registration fee to: Fundraising Team, Cornwall Hospice Care, Porthpean Road, St Austell, Cornwall, PL26 6AB. If you have any queries please telephone: 01726 66869 or email dreeves@cornwallhospice.co.uk



Moonlight Stroll & Midnight Walk

25th September 2010



Cornwall Hospice Care
Caring for our community

Truro 8km or 12km

Ladies only – you are invited to join our big night out in Truro - making a big difference by raising funds for adult hospice care in Cornwall.

Walk 8km or 12km around the cathedral city of Truro. Start your walk at 9.30pm or Midnight. Will your walk be a Moonlight Stroll or a Midnight Walk? The choice is yours.

It really will be a night to remember.

Registered charity no: 1113140

Join us in Truro for a moonlight adventure on Saturday 25th September 2010.

Have a fun night out with the girls and help raise funds for Cornwall Hospice Care.

The Cornwall Hospice Care event has become a girlie night to remember with hundreds of ladies walking in Truro to make a difference by raising funds for adult hospice care in Cornwall. Dress to impress with costumes, wigs, bunny ears – whatever takes your fancy. Join forces with a walking buddy or make up a team. You will be asked to raise as much as you possibly can for Cornwall Hospice Care.

Choose to walk 8km or 12 km. Start your walk at 9.30pm or Midnight. The choice is yours. Numbers are limited so please sign up before 30 June 2010 and take advantage of our early-bird registration deal at £15. Thereafter, registration will be £20. Closing date 31st August 2010.

Your walkers' pack will include a limited edition t-shirt, your walker number, instructions for taking part, hints on training and sponsorship forms. There will be goodie bag on the night as well as a well-deserved cuppa and a butty at the finish line. We start and finish at Truro College. We will have warm ups - and cool downs - entertainment and refreshments.

To take part, complete the registration form and send it with your registration fee to Cornwall Hospice Care, Mount Edgcombe Hospice, Porthpean Road, St Austell PL26 6AB. We will send you confirmation, fundraising tips and a sponsorship form.

We are asking you to raise funds through sponsorship or through your own fundraising events to directly support the work of Cornwall Hospice Care. The charity provides care and support for adults with life-limiting illnesses in our two hospices – St Julia's in Hayle and Mount Edgcombe in St Austell – and through outreach centres across Cornwall.



Registration Form

Please submit one registration form per person, even if you wish to register as members of a team or group.

Title: Miss/Mrs/Ms/Other: First name:Surname:

Address:

.....Postcode:

Telephone No:Mobile no:Age:

Email:

(please note we will not divulge any registration form information to any other parties and email will be the most cost effective way for the charity to communicate with you).

Team Name:Company name (if walking with colleagues):

Does your employer offer a matched funding scheme?

Reason for walking:

Emergency contact details. It is very important that this is somebody we can reach on the night of the walk in case of emergency. This should not be someone participating in the Moonlight/Midnight Walk. Please fill in all details.

Emergency contact name:

Emergency contact home telephone no: Emergency contact mobile telephone no:

Please circle your preferred start time: 9.30pm Midnight

Please circle your preferred walk: 8km 12km

Please tick if you are planning to walk alone:

Do you have any medical conditions we should be aware of, including allergies?

Special dietary needs:

Where did you first hear about the Midnight Walk?

Please choose your T shirt size: Small (34-36), Medium (38-40), Large (42-44), XL (46-48) XXL (50-52).

I confirm I am over 18 years of age and in good health and I agree to take responsibility for my own safety.

By signing this registration form I confirm that I have read and accepted the conditions of entry, rules and regulations for the Moonlight Stroll/Midnight Walk as outlined overleaf. I also acknowledge that Cornwall Hospice Care takes no responsibility for any injury, loss, damage or accident to me or my property incurred during participation in the Moonlight Stroll/Midnight Walk event.

Signed: Date:

Of course, we do also need help on the night from people who are prepared to act as stewards and marshals. If you know of someone who might be interested please complete their details below:

Name:

Address:

.....Postcode:

Email address: Telephone no: